## Delhi Swim Club 2023 Swim Lessons:

Taught by Teagan Charles, Red Cross Certified & with help from her brother Tucker Charles

Lessons are for members only

**GROUP LESSONS**; 2 Types (8 total classes Mon-Thurs., no class on Fri)

- 1. BEGINNER: Learn the basics of swimming, floating, and water confidence
  - For kids age 3 & up
  - \$25 per child
- 2. INTERMEDIATE: Focus on basic strokes, treading water, swim confidence
  - For kids age 5 & up
  - \$25 per child

You can sign your child up for more than one session if needed.

Beginner Session 1 (morning class): 11:30 AM- 12 PM Mon-Thur, June 5-15 (no class on Friday)	Intermediate Session 1 (morning class): 12 PM- 12:30 PM Mon-Thur, June 5-15 (no class on Friday)
Beginner Session 2: (morning class) 11:30 AM- 12 PM Mon-Thur, June 19-29 (no class on Friday)	Intermediate Session 2: (morning class) 12 PM- 12:30 PM Mon-Thur, June 19-29 (no class on Friday)
Beginner Session 3: (Evening class) 7 PM- 7:30 PM Mon-Thur, July 17-27 (no class on Friday)	Intermediate Session 3: (Evening class) 7:30 PM- 8 PM Mon-Thur, July 17-27 (no class on Friday)

**PRIVATE LESSONS:** These lessons are tailored to your child's individual needs.

- For kids ages 2 & up
- \$15 per person, per lesson
  - o (if you have more than 1 child, it's \$5 more each child up to 3 total)
- Tuesdays in June between 4:30- 8 PM for 30-minute intervals (open all 4 weeks in June)
  - Please contact Teagan Charles at <u>teagan.m.charles@gmail.com</u> for lessons.

## **STROKE CLINIC:** These are advanced lessons.

- For kids ages 6 & up
- \$40 for 5 classes
- 10 AM 10:45 AM, 1 week only, Mon- Friday, July 17- 21
- These are advanced lessons for kids to improve stroke proficiency and technique. This
  is excellent for swim team members or year-round swimmers to work on specific
  techniques they want to improve.